



Peacefulness is watching my class fully engage in a project like this ~ Mr. Bieri
 Peacefulness is rain on a trailer ~ Audbrey
 Peacefulness is when I sleep, looking at the sky ~ Yuna

ARES Remembers



Adam Robertson
Elementary



NOVEMBER NEWS



On Friday, November 8th, ARES students and parents gathered in the gym for a special Remembrance Day assembly. We were proud of the respect our students showed as they quietly entered and participated in a series of meaningful performances, emceed by Grade 7 students Mylee Wall and Ryker MacVicar. Grade 6 student Sam Copeland played the piano as students entered, and Grade 7 student Justin Xu provided piano accompaniment as we sang "O Canada." Mr. Percival's class performed dramatic tableaux to the Coldplay song "Fix You." We were also treated to a heartfelt performance of "Remember Me" by Mr. Bieri, Mrs. Vandenberghe, and Mrs. Page's classes. A special thank you to Mrs. Delcaro for her direction and for creating a slide show of student poppy artwork. Thank you to all the families who joined us for this special occasion.

What's New at ARES?

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- What is Peacefulness?
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- Kindergarten Bus Orientation
- Beyond Recycling
- Classroom Adventures
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- The Art of Weaving
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- A Cultural Experience Through Music
- Noon-Hour Safe Space
- And When the Snow Falls...





Peacefulness is the soft purr of a cat ~ Lochlann
 Peacefulness is listening to the Tragically Hip in my nook with my headphones on ~ Madelyn
 Peacefulness is having a campfire with my Family ~ Emily

What is Peacefulness?



For November, each of our staff and 305 students were asked to complete the sentence, "Peacefulness is...." The doves are scattered throughout our entrance and demonstrate the thoughtfulness in our ARES community.



To conclude the assembly, each class created a unique wreath, which they placed at the front of the gym.



In Fine Arts with Mrs. Delcaro, many banners were made, by each student creating a petal for a poppy.



Peacefulness is when a kitten is sleeping on you ~ Ellen

Peacefulness is petting my cat's soft fur ~ Makayla

Peacefulness is dirt biking in the sunset ~ Kassin

Community Connections

Two of our primary classes are building connections with the residents of Crestview Village. Our Grade 2 and 3 students are experiencing the positive impact of generosity through these interactions. During their visits, they bring joy to the residents by parading through the building in their Halloween costumes, crafting together, and participating in other shared activities. These meaningful connections will continue throughout the year, creating a positive experience for both our young students and the senior residents, who both benefit from the warmth of these visits.



Mrs. Vandenberghe (Grade 3) and Mrs. Cote's Class (Grade 2)



Lost & Found

Please check out our Lost & Found before the Winter Break. You can find this little nook at the top of the ramp, through our middle doors



Peacefulness is birds singing in the morning in trees ~ Kai
Peacefulness is when I can go to the library at lunch-recess ~ Greyson
Peacefulness is reading with a soft blanket while listening to the rain by the window ~ Sophia



Kindergarten Bus Orientation



Each year, School District 8 gives our newest students an opportunity to ride the bus to Dairy Queen for an ice cream cone. The purpose of this special trip, is to learn all about bus safety. *Thanks Dairy Queen!*



Help Wanted!

Do you have any strings of Christmas lights to donate, for our Holiday Concerts??

Please reach out if you do.





Peacefulness is seeing a rainbow ~ Job
 Peacefulness is when I am out on my paddleboard and listening to the water ~ Natajia
 Peacefulness is the feel of warm cookies ~ Will



BEYOND RECYCLING



Mr. Blick's Grade 4/5 class is participating in the Beyond Recycling program. With support from community educators, students took part in a "Garbology" activity. They examined the classroom garbage from the previous day to identify which items were recyclable or compostable. They were pleased to find that the actual waste was minimal, with only about 5% of the items being true garbage.



Classroom Adventures

Mrs. Hamm and Ms. Sonntag's classes ventured to the climbing wall in Kimberly and ended their day with a swim at the Cranbrook Aquatic Center.



ARES Scoops Fundraiser REMINDER

Cookie Dough & Cheese Cake orders will be available on **December 6th** between **2:30 - 3:30**.

Please go to the kitchen in the gym during this time.





Peacefulness is quad riding with my dad, we love the breeze ~ Markus
 Peacefulness is snuggling with Buttons my cat ~ Maya
 Peacefulness is a quiet walk on my mountain after a busy day ~ Mrs. C.



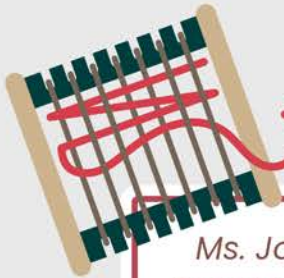
Family Movie Night



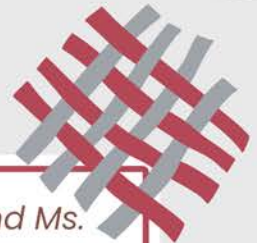
ARES families enjoyed a Family Movie Night, hosted by Mrs. Hamm's Grade 7 class. Students served popcorn and baked goods, as many gathered to watch the movie, "IF."



Thanks to all, over \$1000 was raised to support their end of year trip.



The Art of Weaving



Ms. Josie, our Aboriginal Support Worker & Family Liaison, and Ms. Sonntag, our Aboriginal Success Teacher, have been working closely with Ms. Ellert's grade 5/6 class to teach students how to weave.



Learning recognizes the role of Indigenous knowledge

First Peoples Principles of Learning



Self-reflection is important because it helps students recognize their strengths and areas for growth, allowing them to develop a positive mindset and build resilience by learning from challenges and setbacks.

Learning Update - December 6th



The Circle of Courage

Your child's December 6th Learning Update will include a self-reflection on their Core Competencies and goal setting. Self-reflection involves your child thinking about the skills they've developed and how they can continue to improve. This term, we've linked self-reflection to the BELONGING domain in the Circle of Courage, which is our schoolwide focus at the start of the year. Additionally, students will set goals as part of the MASTERY domain. By setting and working toward these goals, they will take steps to shape their future. When faced with challenges, they will learn how to find creative solutions instead of becoming stuck.

Adam Robertson Elementary
Name: _____
Grade: _____

Term One - December
Self-reflection on Core Competencies and Goal Setting

The Circle of Courage

Self-reflection and goal setting play a significant role in helping an individual grow and learn. As part of 9-12 reporting, students will reflect on Core Competencies and your settings are now included in the Term Learning Update (December 7 January) and in the Final Summary of Learning (June).

The Core Competencies (Communication, Thinking, and Personal and Social) are embedded within the BC Curriculum and are central to the development of educated citizens. By reflecting on their core competencies, students become more mindful of their growth in these key areas and take greater ownership over their learning.

At ARES, the Circle of Courage helps to orient how we support our students. The model provides a natural foundation and integrates the Core Competencies into all that we do. The circle symbolizes a balanced ecosystem, which nurtures the essential needs of the student by valuing individual freedom, building respect through civic responsibility, and modeling respectful guidance as students continue to grow, learn, and develop greater resiliency. These four needs that self-reflection and goal setting use: **Belonging, Mastery, Generosity, and Independence**. It is through the development of these four attributes that you can achieve a sense of "wholeness" and approach the world with the courage necessary to meet its demands.

In our own, our schoolwide focus has been on **BELONGING**. Therefore, in the December Learning Update, all students will be self-reflecting on the Core Competencies, which most naturally align with this domain.

Self-reflection supports students in setting goals and managing challenges. ARES students self-focus on **MASTERY**, as they each determine a direction to help them succeed in achieving a goal.

Self-reflection on Core Competency
SOCIAL RESPONSIBILITY - BELONGING

These are my thoughts on how I contribute to my classroom & school community...

Words or Symbols that represent my feeling of BELONGING in my classroom and at ARES.

These are my thoughts on and how I make other people feel at school...

Contributing to Community & Building Relationships
I am kind to others, can work or play cooperatively, and can build relationships I can identify how my actions affect my community.

Goal Setting
Self-Determination - MASTERY

Words or Symbols that represent how I view MASTERY and feel successful in school (My Strengths)

ONE school goal I will work toward in Term Two to feel more successful in school is...

ONE action I will take in Term Two to help other people feel a sense of belonging at ARES is...

Self-Determination
I can imagine and work toward change in myself and the world.



ARES Vision
To support the development of RESILIENT children who can thrive in any community



Peacefulness is the forest and music ~ Olek
 Peacefulness is watching a fire ~ Ty
 Peacefulness is sitting under a tree eating fruit ~ Oxley



And that's a Wrap!

Volleyball Season comes to an end



This year, students in grades 4 through 7 had the opportunity to participate in extracurricular volleyball, thanks to the dedication of teachers and community coaches who volunteered their time. In addition to noon-hour and afterschool practices, the students played several games against our Creston family of schools. Our oldest players even had the chance to compete in their first tournament, which took place in Cranbrook.

Thank You Coaches!

- Lindsay Miller
- Heather Vigna
- Kyla Hamm
- Matt Blick
- Jamie Wall
- Kevin Wall
- Michael Vigna
- Jessica Wobshall



VOLLEYBALL



Scholastic Book Orders

REMINDER

Please have orders in (or completed online) by
November 29th

If your books are a gift and you prefer we DO NOT send them home with your child, please let us know.



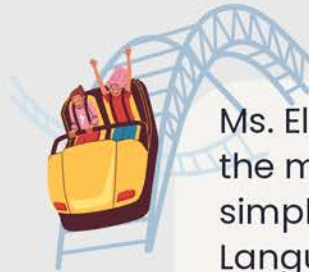


Peacefulness is soaking in a hot bubble bath ~ Ms. Sloss

Peacefulness is making crafts ~ Ophelia

Peacefulness is a state of being quiet and calm ~ Rylan

Simple Machines Workshop



Ms. Ellert's grade 5/6 class visited the museum for a presentation on simple machines. As part of their Language Arts unit on persuasive writing, students are creating an advertisement for a fictional amusement park and roller coaster. This experience helped them better understand how roller coasters work, providing a creative way to learn about simple machines. It also served as a great cross-curricular connection to their science unit on simple machines, where they will gain hands-on building experience.



Primary Winter Concert

Students in Kindergarten through to Grade 4 will perform on

December 18th at 6:00



Intermediate Holiday Coffee House

Students in grades 4-7 will host an evening of socializing and snacks, as they provide segments of entertainment on

December 19th at 6:00



Healthy Bag Lunches Available

If you are struggling to provide lunch for your child, please let us know and we will ensure they have a healthy bag lunch to eat each day.

We also have a daily breakfast program open to ALL students!





Peacefulness is moving water in a creek ~ Lili
Peacefulness is hanging out with friends ~ Weston
Peacefulness is birds chirping and country music ~ Austen

A Cultural Experience Through Music



SD8 Kootenay Lake celebrates and honors Métis culture, history, language, music, and art throughout the month of November. To mark this celebration, JJ Guy and Gordon Stobbe performed Métis fiddle music on Friday, November 22. ARES students gathered in the gym for this engaging and interactive performance. A special thank you to Ms. Sonntag, our Aboriginal Success Teacher, for organizing this educational and entertaining experience.



Learning is embedded in memory, history, and story.

First Peoples Principles of Learning



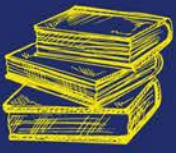
Does your child need winter gear?

If you are in need of boots, snow pants, mittens, a toque, or a warm jacket, please don't hesitate to reach out.

If you have any gently used items to donate, we would be grateful to help them find their way to a student who could use them.

We are a school community, and it's through our collective support that we can ensure everyone has what they need.





Peacefulness is gratitude and a deep breath ~ Mrs. Walker

Peacefulness is art ~ Maggie

Peacefulness is seeing a squirrel so close up ~ Kinley

Our Noon-Hour Safe Space

Students in grades 4 through 7 have the option to spend their lunch break in the library, providing them with a safe and welcoming space. This 30-minute period is technology-free, allowing students to enjoy activities such as playing games, reading, drawing, or pursuing other creative interests. It's also a place where students can connect with others who share similar hobbies.





Peacefulness is empty places ~ Drake
Peacefulness is writing a book with a good song in the background ~ Grace
Peacefulness is opening presents with my family ~ Levi D.



And When the Snow Falls....



"A snow day is the best day of the year, when the world turns white and time stands still."

Peacefulness is acceptance and understanding ~ Ms. Sonntag
Peacefulness is spending time with my dad ~ Ivan
Peacefulness is riding my motorcycle with my dog ~ Mr. Klassen

IMPORTANT DATES

- Tuesday, December 3rd – PAC Meeting @ 9:00
- Friday, December 6th – Learning Updates go home
- Friday, December 6th – Cookie Dough Pick-Up ~ 2:30 – 3:30 Gym
- Wednesday, December 18th – Primary Holiday Concert @ 6:00
- Thursday, December 19th – Intermediate Holiday Coffee House @ 6:00
- Friday, December 20th – Student Holiday Celebration @ 9:30
- Friday, December 20th – Last Day of School before Winter Break
- Monday, January 6th – School Starts
- Tuesday, January 7th – PAC Meeting 9:00
- Monday, January 20th – District Pro-D Day – No School for Students
- Monday, January 27th – Family Literacy Week – Assembly @ 9:00



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Elementary

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ARES Goal

To actively incorporate the Circle of Courage philosophy and the four universal needs of all children (Belonging, Independence, Generosity, & Mastery) into our school-wide culture.