



We acknowledge, respect and honour the First Nations in whose traditional territories the Kootenay Lake School District operates and all Aboriginal people residing within the boundaries of School District #8.



# Pride at the Pow wow



Adam Robertson Elementary

## MAY NEWS

On May 17th, students from throughout school district 8 gathered in the Creston & District Community Complex for the annual SD8 Youth Pow Wow, organized by the district's Aboriginal Department. With Ruben Little Head emceeing the event, spectators enjoyed celebrating our First Nations students and learning more about their culture.

Many students prepared for the occasion by making their own Regalia, thanks to the support of Josie Fullarton and Laurel Ewashen, our Aboriginal Support Workers.

This year, some of our SD8 students worked with drum teachers to prepare for a special honour. While the flag was being retired, they were invited to drum the last song, as the head drummers joined in. This rare opportunity was a special moment to celebrate.



### What's New at ARES?

- Pow wow
- Dig Dirt Day
- Pickleball
- Grade 2/3 Balloon Cars
- PAC Family Dance
- Mother's Day Tea in K/1
- Swimming Lessons
- Foundry BC Support
- Track Meet
- Kindergarten Registration
- Important Dates







*INDEPENDENCE: Children need to be provided with a balance of opportunities for self-reliance, along with an awareness of adult support to walk along side them. It's these experiences that lead a child to greater independence*



# Dig Dirt Day



As part of our Strengthening Early Years to Kindergarten Transition (SEY2KT) program, we partnered with the Town of Creston Public Works Department to host a day of fun in the mud. All of Creston's current Kindergarten students, as well as children who will be starting school in the Fall, joined in the activities. Each child received a hard hat, safety vest, bucket & shovel, before moving through stations to learn about fire hydrants, Vac Trucks, Excavators, Back hoes, and Dump Trucks. To end the excitement, before boarding busses back to school, all 200 participants gobbled up their treat of Worms & Dirt!

A special thank you to School District 8 for supporting and funding this fabulous learning experience, to Columbia Basin Alliance for Literacy (CBAL) for the donation toward the *Goodnight Construction Site* books for each child, and to Pealows & Dairy Queen for the Worms & Dirt.



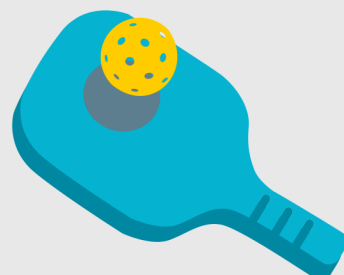




*INDEPENDENCE: Resilient students build relationships with adults and friends because of mutual care and concern. They think for themselves, can understand frustration when they feel it, manage their emotions, show optimism even when they fail, and can let things go and move forward with forgiveness*



# Pickleball



Pickleball has developed into a favourite sport for many ARES enthusiasts. Students in Grades 2 to 7 had the opportunity to participate in two lessons with Coach Kerri, using the Creston & District Community Complex Pickleball courts.

We have purchased our own school equipment for this popular sport, since it is one more opportunity for students to connect and engage with our larger Creston community.



**Thanks for organizing,  
Mr. Blick!**



*MASTERY: We want students to view every opportunity as a learning experience and a challenge. Being willing to try regardless of the possibility of failure, is the ultimate goal. It is not to achieve perfection.*



# Balloon Cars in Grade 2/3

In Mrs. Vandenberghe's Grade 2/3 class, the students were learning about forces, motion, energy, and Newton's laws.

As a way to help them learn the scientific concepts and make connections with their science lesson, they designed and built their own balloon cars.

After their hard work, they enjoyed a fun competition to see how far each car could travel. The experiment taught both kinetic and potential energy, as well as the forces of friction.

However, the real challenge was blowing up the balloons and holding them tightly, waiting patiently to use their power.







*GENEROSITY: In helping others, children create their own proof of worthiness as they make a positive contribution to another human life*

## Family Dance



Thanks to our ARES PAC, many students enjoyed an evening of dancing and fun with friends, family, glow sticks, and disco lights.

Music definitely brings out some amazing talent in our ARES students, which we don't always know about in a classroom environment.

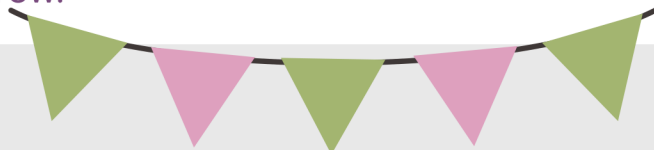


## Mother's Day Tea



Kindergarten and Grade One students in Mrs. Vigna, Mrs. Miller, and Mrs. Gardner's classes were spectacular hosts at their Mother's Day Tea.

Carefully balancing tea cups and delivering cupcakes, cards, and potted flowers, was a much anticipated and successful event for our youngest ARES crew.





**MASTERY:** Each learner grows knowledge and skills through rich experiences that prepare them for life



# Learning to Swim



We have four primary classes participating in the **Swim For Life** program. Mrs. Page and Mrs. Feragotti's classes completed their four lessons and Mrs. Cote and Ms. Smith's students will be starting soon.

We are grateful to our PAC for funding this important opportunity. Being so close to our swimming pool, allowed students to walk to and from their sessions.



## FOUNDRY BC

If you have a child who is 12 years or older, please consider exploring the Foundry App for possible support. As Grade 7 students move onto high school, some feelings of anxiousness are a normal response to this significant life transition. As parents, we don't always know how to respond and support our children through these mixed, and sometimes complicated emotions.

**FOUNDRY VIRTUAL – AGES 12-24 AND THEIR CAREGIVERS: FREE COUNSELLING AND FREE GROUPS ON A VARIETY OF TOPICS**

**<https://foundrybc.ca/virtual/>**

DOWNLOAD THE FOUNDRY BC APP  
Support that meets you where you are.

Learn more at [foundrybc.ca/virtual](https://foundrybc.ca/virtual)







*MASTERY: When the child's need to be competent is satisfied, motivation for further achievement is enhanced*

# Intermediate Track Meet

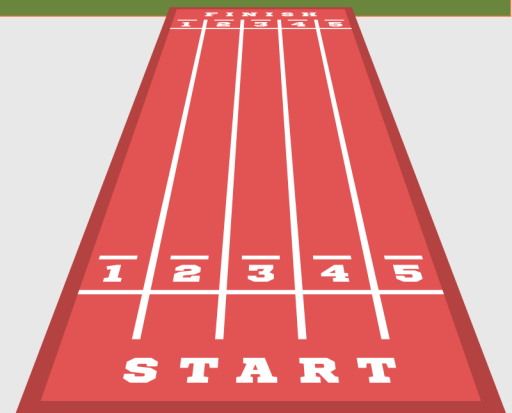


We were happy the rain held off to enjoy the Intermediate Track Meet.

Students in Grades 4-7, from the Creston Family of schools, met at the Creston & District Community Complex to participate in a variety of track and field events: One-Foot-High Kick, Standing Broad Jump, High Jump, Ball Toss, Frisbee Throw, 100M, 800M, and the Relay event.



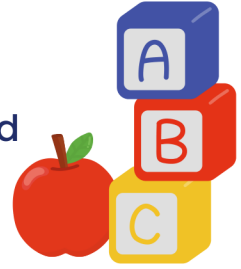
Thanks to our ARES PAC who organized the Track & Field Concession stand for all of the Creston schools and to Brian Hamm, Erickson Elementary School principal, for organizing the event.





## Kindergarten Registration

If you have a child who will be starting Kindergarten in September, registration is now open. Please spread the word to families who do not have older siblings at ARES. See Mrs. Scott, our Office Clerical, to begin the registration process.



- **Wednesday, May 29th** – Welcome to Kindergarten 9:30 – 10:30
- **Wednesday, June 12th** – PAC Meeting @ 9:00
- **Tuesday, June 18th** – PAC Tea – 11:00 to 1:00
- **Thursday, June 20th** – Grade 7 Farewell Luncheon 12:00 – 12:45
- **Thursday, June 20th** – Grade 7 Dance 12:45 – 2:30
- **Friday, June 21st** – National Indigenous Peoples Day
- **Monday, June 24th** – Kindergarten Graduation – 1:30 to 2:45
- **Tuesday, June 25th** – Water Day – 12:45 to 2:30
- **Wednesday, June 26th** – Assembly at 11:00 – Families Welcome
- **Wednesday, June 26th** – Last Day of School – Dismissal at 11:45



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Elementary

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### ARES Goal

*To actively incorporate the Circle of Courage philosophy and the four universal needs of all children (Belonging, Independence, Generosity, & Mastery) into our school-wide culture.*